MENTAL HEALTH SERVICES FOR STUDENTS

Studentcare is excited to preview a partnership in the Student Assistance Program space that would provide a full suite of mental health services and resources specifically customized for students. We plan to make the details of the new service public in April and have it ready for implementation in September 2017.

WHAT IS THE STUDENT ASSISTANCE PROGRAM (SAP)?

• A platform that combines progressive counselling methods and technology
• Available 24/7 for students anywhere in North America
• Connects students with consultants, counsellors, and life coaches to provide them with appropriate support
• Provides support in over 150 languages

WHICH ISSUES CAN STUDENTS SEEK SUPPORT FOR?

• Academic issues
• Financial matters
• Adjustment to post-secondary school setting
• Grief & bereavement
• Anxiety
• Harassment
• Bullying
• Home & family stress
• Career development
• Medical health & resource referral
• Crisis
• Nutrition
• Dependant care
• School stress
• Depression
• Sexual issues
• Discrimination
• Trauma
• Drugs, alcohol, gaming, smoking
• and more

HOW DOES IT WORK?

The Student Assistance Program works together with Plan administrators and on-campus student health services to ensure students receive the right care for them. This “team” approach recognizes that students require a variety of options to resolve their issues on and off campus. The SAP also provides customizable utilization/trend analysis (by location), resulting in meaningful recommendations for institutions.